

Club Atlético PAFRA - Marca Pasos - Clayton
8 Febrero 2015
Edición 5

Carrera de 1 Milla (1.6 km) - Marca Mundial, 3:43

PUESTO				PASO								
ABS	CAT	HCP	NO.	NOMBRE	EDAD	TIEMPO	AGE GRADED	INDICE	/KM	/MILLA		
1	1	A	1	4078	Nicolas García	21	4:35	4:34	81	2:50	4:35	
2	1	M	2	736	Nicolás García Noval	45	4:56	4:34	81	3:03	4:56	
3	1	J	5	5393	Miguel Martínez	19	5:11	5:08	72	3:13	5:11	
4	2	M	3	378	Edgar Jaramillo	48	5:33	5:02	73	3:26	5:33	
5	3	M	4	897	Eduardo Hernández	49	5:37	5:03	73	3:29	5:37	
6	1	K	6	3273	Jose Gil	11	6:14	5:28	68	3:52	6:14	
7	2	J	8	1578	Angel Nicolás García	19	6:25	6:22	58	3:59	6:25	
8	1	S	10	5419	Cesar Fabrega	38	6:37	6:27	57	4:06	6:37	
9	1	MF	7	702	Elizabeth Camacho	49	7:57	5:50	63	4:56	7:57	
10	1	L	12	5070	Xavier Andre Romero	9	8:36	7:01	52	5:20	8:36	
11	1	KF	11	5389	Bervely Blackman	11	9:35	6:52	54	5:57	9:35	
12	1	LF	9	5396	Emily Santos	9	9:35	6:24	58	5:57	9:35	
13	3	J	22	3912	Christian González	17	10:12	9:58	37	6:20	10:12	
14	1	JF	15	5451	Claudia Alvarado	17	10:15	8:11	45	6:22	10:15	
15	2	MF	13	5395	Sandra Santos	45	10:36	8:02	46	6:35	10:36	
16	2	A	23	8	Victor Ortiz	20	10:47	10:46	34	6:42	10:47	
17	1	AF	18	5299	Yulissa Ramos	21	11:01	9:00	41	6:51	11:01	
18	2	L	19	5458	Bryan Sima	4	11:15	9:11	40	6:59	11:15	
19	2	K	24	5388	Diego Alonso Revuelta	14	11:21	10:39	34	7:03	11:21	
20	3	L	21	5423	Gabriel Torres	7	11:57	9:46	38	7:25	11:57	
21	2	LF	14	5406	Vivian Stacy D'Angelo	7	12:01	8:02	46	7:28	12:01	
22	1	V	20	2894	Victor Coto	66	12:16	9:27	39	7:37	12:16	
23	4	M	26	5345	Oris Soto	44	12:40	11:50	31	7:52	12:40	
24	1	GF	17	5443	Xenia Peña	56	12:46	8:51	42	7:56	12:46	
25	3	LF	16	5469	Lucia Cordoba	6	12:50	8:34	43	7:58	12:50	
26	3	K	27	5344	Damian Cordoba	11	13:54	12:11	30	8:38	13:54	
27	3	MF	28	5455	Coralia Sanchez	41	17:07	13:21	27	10:38	17:07	
28	1	VF	25	5407	Carla Headley	60	17:10	11:29	32	10:40	17:10	
29	1	G	29	5408	Pedro Jose Velasquez	58	17:12	14:21	25	10:41	17:12	
30	2	AF	30	5465	Brigitte Ballesteros	23	53:20	43:34	8	9:08	5:20	
31	3	AF	31	5470	Lina Rosero	26	53:27	43:40	8	9:13	5:27	

Carrera de 2 Millas (3.2 km) - Marca Mundial, 8:07

PUESTO				PASO								
ABS	CAT	HCP	NO.	NOMBRE	EDAD	TIEMPO	AGE GRADED	INDICE	/KM	/MILLA		
1	1	J	2	5277	Christopher De Witt	16	12:54	12:28	65	4:00	6:27	
2	2	J	4	3227	Lucas González	16	13:36	13:09	61	4:13	6:48	
3	1	JF	1	1483	Carla Ferguson	16	13:42	10:49	75	4:15	6:51	
4	1	A	6	5359	Edwin Oviedo	26	14:48	14:48	54	4:35	7:24	
5	2	A	7	5285	Jose Gil	21	14:50	14:50	54	4:36	7:25	
6	1	K	9	3332	Luis Pimentel	14	16:11	15:12	53	5:01	8:05	
7	3	A	11	5460	Antonio Apas	25	16:12	16:12	50	5:02	8:06	
8	1	S	12	205	Juan Leonardo Vergara	35	16:41	16:37	48	5:11	8:20	
9	1	MF	5	272	Sonia Tejada	42	17:45	13:45	59	5:30	8:52	
10	1	GF	3	5438	Vielka Barroso	56	18:15	12:39	64	5:40	9:07	
11	1	AF	8	5439	Daneira Quintero	22	18:18	14:57	54	5:41	9:09	
12	4	A	15	5440	Jacobo Velasco	28	18:22	18:22	44	5:42	9:11	
13	2	S	17	5426	Doel Lopez	34	19:32	19:32	41	6:04	9:46	
14	1	KF	10	3973	Estefany Rodríguez	14	19:57	15:19	53	6:12	9:59	
15	5	A	19	1232	John Robert McIntosh	21	20:38	20:38	39	6:25	10:19	
16	1	SF	13	5403	Lisa Amstutz	36	20:53	16:52	48	6:29	10:26	
17	6	A	20	5427	Alberto Segura	27	21:03	21:03	38	6:32	10:32	
18	2	AF	14	5262	Melissa Macias	26	21:06	17:14	47	6:33	10:33	
19	3	AF	16	5459	Aimy Arauz	22	22:53	18:42	43	7:06	11:27	
20	4	AF	18	5415	Roxana Pinillo	20	24:48	20:15	40	7:42	12:24	

21	5	AF	22	120	Yiniva Julio	21	28:53	23:36	34	8:58	14:27
22	2	MF	21	5138	Marta Alvarez	40	29:15	22:59	35	9:05	14:37
23	2	SF	23	5402	Karla Rodriguez	32	32:40	26:42	30	10:09	16:20
24	3	MF	25	5411	Alba Esther D'Angelo	41	36:35	28:33	28	11:22	18:17
25	3	SF	26	5420	Emilce D'Angelo	39	36:38	29:00	28	11:23	18:19
26	2	KF	24	5421	Natalia Torres	12	36:55	27:11	29	11:28	18:27

Carrera de 3 Millas (4.8 km) - Marca Mundial, 12:31

PUESTO					PASO						
ABS	CAT	HCP	NO.	NOMBRE	EDAD	TIEMPO	AGE GRADED	INDICE	/KM	/MILLA	
1	1	A	6	5417	Anal Ruiz	22	20:17	20:17	61	4:12	6:45
2	1	S	5	1779	Manuel Moreno	39	20:45	20:07	62	4:18	6:55
3	1	J	7	3888	Tomás Castro Jr.	15	21:19	20:20	61	4:24	7:06
4	2	J	8	2797	Leonei Avila Jr.	16	21:29	20:46	60	4:27	7:09
5	1	K	9	5412	Bryangeovany Chacon Santa	14	22:00	20:39	60	4:33	7:20
6	1	LF	1	5122	Maria Fernanda Verbel	7	22:30	15:01	83	4:39	7:30
7	2	S	15	3210	Tony Amstutz	35	22:32	22:26	55	4:40	7:30
8	3	S	16	5391	Eduardo Ordenes	33	22:38	22:38	55	4:41	7:33
9	2	A	18	5306	Manuel Otero	22	23:07	23:07	54	4:47	7:42
10	1	V	2	1134	Gil Balbuena	65	23:34	18:22	68	4:52	7:51
11	4	S	22	5002	Jose Ruiz	33	23:37	23:37	53	4:53	7:52
12	3	A	31	1266	Abner González	28	24:07	24:07	51	4:59	8:02
13	5	S	32	5261	Estilio Torrespolo	35	24:11	24:05	51	5:00	8:03
14	1	G	11	5059	Anel Ruiz	54	24:27	21:07	59	5:03	8:09
15	2	G	13	5414	Edgar Vasquez	51	24:38	21:49	57	5:06	8:12
16	1	M	27	3025	Jolan Castillo	41	24:44	23:37	52	5:07	8:14
17	2	M	19	5401	Jose Sanchez	46	24:45	22:48	54	5:07	8:15
18	1	MF	4	1411	Maurilyn Blanco	42	24:51	19:15	65	5:08	8:17
19	6	S	34	5449	Ruben Moreno	33	25:00	25:00	50	5:10	8:20
20	1	L	10	5007	Carson Amstutz	10	25:17	20:40	60	5:14	8:25
21	7	S	42	4050	Joel Martinez	30	25:55	25:55	48	5:22	8:38
22	8	S	46	5429	Masa Okeguchi	33	26:07	26:07	47	5:24	8:42
23	3	G	14	5234	Pedr Martinez R.	59	26:19	21:46	57	5:27	8:46
24	3	M	35	3336	Jose Luis Chong Koon	44	26:33	24:49	50	5:30	8:51
25	4	M	36	5115	Alexis Romero	45	26:37	24:42	50	5:30	8:52
26	9	S	43	3362	Temistocles Troya	39	26:48	25:58	48	5:33	8:56
27	2	LF	3	2829	Shelsy De Gracia	9	27:15	18:12	68	5:38	9:05
28	4	G	23	3483	Rolando Gonzalez G.	54	27:19	23:36	53	5:39	9:06
29	4	A	54	3428	Eduardo Mordock	28	27:53	27:53	44	5:46	9:17
30	5	A	55	5360	Valdano Aleman	26	27:56	27:56	44	5:47	9:18
31	6	A	56	5454	Pedro Varela	27	27:57	27:57	44	5:47	9:19
32	2	MF	12	5466	Leida Galvan Niño	44	28:07	21:29	58	5:49	9:22
33	1	SF	20	5313	Elizabeth Sanchez	36	28:14	22:49	54	5:50	9:24
34	10	S	57	5430	Masa Okeguchi	33	28:15	28:15	44	5:51	9:25
35	7	A	60	5404	Javier Bazan	23	28:34	28:33	43	5:55	9:31
36	1	AF	24	665	Yolanda Castillo	21	28:51	23:34	53	5:58	9:37
37	8	A	61	465	Quintin Gudiño	21	28:57	28:57	43	6:00	9:39
38	2	SF	28	5447	Betsy Beitia	36	29:34	23:54	52	6:07	9:51
39	5	M	52	5467	Genaro Villalaz	47	29:48	27:14	45	6:10	9:56
40	2	AF	33	5448	Niika Rodriguez	25	29:51	24:23	51	6:11	9:57
41	2	K	53	4193	Reinier Romero	13	29:56	27:35	45	6:12	9:58
42	3	MF	25	5363	Odilia Castillo	41	30:00	23:25	53	6:13	10:00
43	4	MF	21	3708	Sulena Cortéz	44	30:03	22:57	54	6:13	10:01
44	3	AF	37	5263	Yuliana Caballero	27	30:19	24:46	50	6:16	10:06
45	5	MF	17	5397	Eufemia Quezada	47	30:22	22:40	55	6:17	10:07
46	11	S	69	5444	Takeshi Iino	30	30:33	30:33	40	6:19	10:11
47	3	SF	40	3242	Mirelys Cedeño	34	30:52	25:13	49	6:23	10:17
48	2	V	38	1623	Wayne Bremer	63	31:08	24:46	50	6:27	10:23
49	9	A	70	5279	Edwin Portillo	21	31:23	31:23	39	6:30	10:28
50	6	M	65	5432	Jorge Abrego	41	31:26	30:02	41	6:30	10:28
51	4	AF	44	5123	Eileen Rangel	24	31:27	25:42	48	6:31	10:29

52	6	MF	39	5434	Silvia Cedeño	41	31:53	24:53	50	6:36	10:37
53	7	MF	29	5435	Zodelva Quintana	48	31:55	23:39	52	6:36	10:38
54	8	MF	30	1503	Xiomara Francis	49	32:20	23:46	52	6:41	10:46
55	5	AF	47	5311	Yarelis Atencio	27	32:23	26:27	47	6:42	10:47
56	7	M	66	3843	Jose Luis Chong Koon	44	32:27	30:20	41	6:43	10:49
57	12	S	71	5398	Rolando Troitíño	38	32:42	31:54	39	6:46	10:54
58	6	AF	49	5340	Ana Lorena Piedra	28	33:00	26:58	46	6:50	11:00
59	4	SF	50	2818	Liss Castillo	32	33:05	27:01	46	6:51	11:01
60	5	G	62	2611	Carlos Garzón	53	33:09	28:54	43	6:52	11:03
61	8	M	72	2796	Leonel Avila	41	33:23	31:53	39	6:54	11:07
62	9	MF	41	2798	Yelina Joseph	44	33:24	25:31	49	6:55	11:08
63	1	GF	26	5418	Gioconda Vega	56	33:29	23:14	53	6:56	11:09
64	10	MF	48	5356	Blanca Morales	41	33:36	26:13	47	6:57	11:12
65	5	SF	51	5268	Jennifer Vasquez	38	33:45	26:54	46	6:59	11:15
66	3	K	67	5338	Victor Medina	11	34:07	29:56	41	7:04	11:22
67	6	SF	58	5442	Yahaira Santamaría	35	34:12	27:50	44	7:05	11:24
68	13	S	77	5425	Leonardo Jara Leon	35	34:47	34:40	36	7:12	11:36
69	7	AF	63	5462	Yerilyn Hernandez	21	35:34	29:03	43	7:22	11:51
70	2	L	64	5431	Jorge Andrez Abrego	4	36:07	29:31	42	7:28	12:02
71	14	S	80	5295	Miguel Diaz	34	36:35	36:35	34	7:34	12:11
72	15	S	81	5452	Luis Verastegui	34	36:45	36:45	34	7:36	12:15
73	2	GF	45	2853	Dissy Cañate	55	37:15	26:05	48	7:43	12:25
74	4	K	74	5098	Sebastian D'Angelo	12	37:20	33:38	37	7:44	12:26
75	9	M	78	5308	Jose Bernardo Quintero	45	37:25	34:44	36	7:45	12:28
76	1	KF	59	5387	Alejandra Caballero	13	37:30	28:14	44	7:46	12:30
77	10	A	83	5463	Roonie Hernandez	28	37:51	37:51	33	7:50	12:37
78	8	AF	73	5341	Ana Gabriela Piedra	26	38:25	31:24	39	7:57	12:48
79	6	G	79	5422	Asdrubal Torres	50	38:50	34:40	36	8:02	12:56
80	9	AF	75	5456	Maytee De La Rosa	20	40:59	33:29	37	8:29	13:39
81	7	G	85	5464	Yuvany Morales	54	44:21	38:19	32	9:11	14:47
82	3	GF	68	4026	Damaris Cabrera	59	44:38	30:09	41	9:15	14:53
83	7	SF	82	1808	Dayana Miranda	32	44:57	36:43	34	9:18	14:59
84	11	MF	76	5441	Ana Quiroz	48	45:23	33:38	37	9:24	15:08
85	10	AF	84	5461	Ketzariyls Hernandez	26	46:24	37:55	33	9:36	15:28
86	11	AF	86	5307	Yadira Moreno Cedeno	21	46:31	38:01	32	9:38	15:30
87	8	G	87	5394	Carlos Willi Otero Valenz	56	46:36	39:35	31	9:39	15:32
88	3	J	89	3008	Hernán Peralta	16	47:24	45:51	27	9:49	15:48
89	9	G	88	5405	Eric Bazan	54	50:45	43:52	28	10:31	16:55

Carrera de 5 Millas (8.0 km) - Marca Mundial, 22:09

ABS	CAT	HCP	NO.	NOMBRE	EDAD	TIEMPO	AGE GRADED	INDICE	PASO		
									/KM	/MILLA	
1	1	A	1	5413	Maikol Castillo	23	28:49	28:48	76	3:34	5:45
2	2	A	3	1780	Angel Magallon	23	32:39	32:39	67	4:03	6:32
3	1	G	2	5355	Fidel Castro	52	33:13	29:11	75	4:07	6:38
4	1	S	5	5416	Ronard Ortiz	34	36:00	36:00	61	4:28	7:12
5	3	A	9	3495	Vidal Santana	27	44:29	44:29	49	5:31	8:53
6	1	V	4	520	Rodrigo D'Angelo	67	45:35	34:44	63	5:39	9:07
7	1	M	8	2922	Reynaldo Abadi	44	47:04	44:00	50	5:51	9:24
8	1	SF	7	5446	Agieda Vasquez	35	47:15	38:27	57	5:52	9:27
9	1	MF	6	5445	Zelideth Vega Castillo	49	49:10	36:10	61	6:06	9:50
10	2	G	11	5054	Sergio Gonzalez	50	51:16	45:48	48	6:22	10:15
11	2	SF	10	4118	Wendy Collins	35	55:01	44:47	49	6:50	11:00
12	1	AF	12	405	Yira Rodríguez	21	57:38	47:06	47	7:09	11:31
13	2	S	17	2359	Rodrigo Nuñez	38	57:55	56:32	39	7:12	11:35
14	3	S	18	1919	Christian Castillo	37	58:14	57:13	38	7:14	11:38
15	3	G	16	3939	Felipe Campos	54	58:45	50:47	43	7:18	11:45
16	3	SF	13	5453	Anamaria Castillo	39	59:21	46:59	47	7:22	11:52
17	4	SF	14	2358	Fanny Sánchez	38	60:25	48:11	45	7:30	12:05
18	5	SF	15	3252	Frida Ramirez	35	61:19	49:54	44	7:37	12:15

Carrera de 6 Millas (9.7 km) - Marca Mundial, 44:26

ABS	CAT	HCP	NO.	NOMBRE	EDAD	TIEMPO	AGE GRADED	INDICE	PASO		
									/KM	/MILLA	
1	1	S	4	2579	Carlos Ayala	38	37:23	36:29	72	3:52	6:13

2	1	M	3	249	Atsuhiko Nakano	42	37:38	35:42	73	3:53	6:16
3	2	M	1	3075	Fernando Revuelta	48	38:10	34:38	76	3:57	6:21
4	3	M	5	1809	Tomás Gómez	41	38:29	36:46	71	3:59	6:24
5	1	A	11	344	Eliseo Aguilar	21	40:09	40:09	65	4:09	6:41
6	4	M	7	3170	Omar Santana	48	41:13	37:23	70	4:16	6:52
7	2	A	13	4041	Miguel Gonzalez	28	42:24	42:24	62	4:23	7:04
8	5	M	10	1111	Eduardo Ferguson	46	42:28	39:06	67	4:23	7:04
9	1	G	6	2193	Marcos Dawkins	53	42:30	37:02	71	4:24	7:04
10	6	M	14	5428	Javier Decerega	41	44:30	42:31	62	4:36	7:25
11	7	M	12	1730	Raúl Ramirez	48	45:00	40:50	64	4:39	7:30
12	8	M	17	5457	Ernesto Bal	42	45:42	43:21	60	4:44	7:37
13	3	A	21	5367	Martin Paddy	29	45:49	45:49	57	4:44	7:38
14	2	S	26	4119	Julio Ortiz	36	47:06	46:36	56	4:52	7:51
15	1	V	8	5103	Saul Noblesilla	62	47:15	37:57	69	4:53	7:52
16	3	S	28	1174	Elier Pinilla	34	47:22	47:22	55	4:54	7:53
17	4	A	29	3494	Guillermo Santana	21	47:27	47:27	55	4:54	7:54
18	1	AF	9	894	Mirna Pérez	21	47:29	38:47	68	4:55	7:54
19	9	M	22	4155	Francisco Rodríguez	42	48:17	45:49	57	5:00	8:02
20	4	S	30	543	Carlos Montagne	38	49:04	47:53	55	5:04	8:10
21	2	G	18	3188	Jose Angel Samaniego	52	49:30	43:30	60	5:07	8:15
22	10	M	23	4048	Patricio Lara	46	49:45	45:50	57	5:09	8:17
23	5	A	32	3777	David Cedeño	28	50:15	50:15	52	5:12	8:22
24	6	A	33	2290	Eduardo Ortega	26	50:38	50:38	52	5:14	8:26
25	5	S	36	1412	Rolando Lay	33	51:00	51:00	51	5:16	8:30
26	3	G	19	164	Vasco Gernado	57	51:40	43:30	60	5:21	8:36
27	6	S	34	5399	Raul Vallarino	38	51:46	50:32	52	5:21	8:37
28	2	AF	15	151	Tamare Rozenbaum	21	51:53	42:24	62	5:22	8:39
29	3	AF	16	351	Maxiela Mendoza	21	52:00	42:29	62	5:23	8:40
30	11	M	35	2241	Juan De La Rosa	41	52:28	50:07	52	5:26	8:44
31	7	S	40	5424	Randall Marin	34	53:00	53:00	49	5:29	8:50
32	1	VF	2	5339	Lourdes Ugarte	64	53:17	34:17	76	5:31	8:53
33	12	M	37	5390	Manuel Montecer	43	54:25	51:15	51	5:38	9:04
34	13	M	38	3352	Rolando Armuelles	44	54:37	51:03	51	5:39	9:06
35	7	A	43	300	Kristopher Dominguez	20	55:49	55:49	47	5:46	9:18
36	1	SF	24	2951	Evelyn Hidalgo	32	56:07	45:50	57	5:48	9:21
37	8	S	44	5410	Carlos Yevara	35	56:13	56:00	47	5:49	9:22
38	4	AF	25	5450	Elena Lan	22	56:23	46:04	57	5:50	9:24
39	5	AF	27	697	Maicevy Goicochea	21	56:46	46:23	56	5:52	9:27
40	9	S	45	5327	Alexander Fernandez	37	57:00	56:00	47	5:54	9:30
41	14	M	42	1700	Carlos Smith	43	57:17	53:57	48	5:56	9:32
42	10	S	46	2950	Abdiel Sagel	33	57:22	57:22	46	5:56	9:33
43	11	S	47	3068	Juan Escalona	33	57:37	57:37	45	5:58	9:36
44	1	MF	20	5305	Aracely Rangel	44	58:23	44:35	59	6:02	9:43
45	12	S	48	5392	Hector Romero	34	59:54	59:54	44	6:12	9:59
46	4	G	41	5468	Min Sui Fung	54	61:35	53:13	49	6:22	10:15
47	15	M	49	5267	Frederick Parilla	41	62:01	59:16	44	6:25	10:20
48	2	MF	31	1167	Iris Vanessa González	43	63:10	48:36	54	6:32	10:31
49	6	AF	39	3302	Doris Flores	27	63:36	51:57	50	6:35	10:36
50	13	S	50	5436	Ludovic Hubler	37	63:39	62:33	42	6:35	10:36
51	8	A	51	2968	Jeansuira Saira	22	65:26	65:26	40	6:46	10:54